



Dunbar Rugby Football Club
Hallhill Sports Centre,
Kellie Road, Dunbar, East Lothian, EH42 1RF
www.dunbarrugbyclub.com



Dunbar Rugby Football Club (DRFC) Code of Conduct for adults coaching/volunteering with children and young people

This Code of Conduct has several important functions:

- It sets out what behaviour is acceptable and unacceptable and provides transparency for all on what practice and behaviours to expect from others
- It defines standards of practice expected from those to who it applies
- It forms the basis for challenging and improving poor practice and behaviour.

DRFC supports and requires all members to observe the following standards of practice, including verbal and non-verbal actions when coaching/volunteering with children and young people.

All adults involved in coaching, refereeing or supervision of children have a duty to safeguard their welfare. This duty extends to the prevention of physical, sexual, or emotional abuse of any child and will be applied regardless of a child's gender, race, religion, sexuality, or disability.

Safeguarding in sport is not just about protecting children from others who may seek to harm them. A trusted coach or leader may be the person a child chooses to talk about something that is happening at home or outside sport. In either case, we all have a responsibility to act on concerns.

Advice and guidance can be found at <https://www.scottishrugby.org/safeguarding> including the Scottish Rugby safeguarding policy.

All concerns about breach of this Code of Conduct will be taken seriously and responded to in line with DRFC/ SRU Safeguarding policy/procedure.

This may include the Responding to Concerns Procedure, Complaints Procedure, and/or Disciplinary Procedure.

Good practice

- Make sport fun, enjoyable and promote fair play.
- Complete and update all relevant training required for my position.
- Ensure all training sessions and arrangements are organised and clearly communicated to players/guardians.
- Treat all children and young people equally, with respect, dignity and fairness. Challenge where you see other adults or children and young people participating in disrespectful, abusive or bullying behaviour.
- Be familiar with Scottish Rugby Safeguarding policy.
- Involve parents/carers wherever possible.
- Build balanced relationships based on mutual trust.
- Include children and young people in decision-making processes.



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- Always work in an open environment, wherever possible. Avoid private or unobserved situations.
- Put the wellbeing of each child or young person first before winning or achieving performance goals.
- Be an excellent role model including not smoking, drinking alcohol, taking drugs or swearing in the company of children and young people.
- Recognise the developmental needs and capacity of children and young people.
- Avoid excessive training and competition, pushing children and young people against their will and putting undue pressure on them.
- Follow Dunbar RFC social media policy in relation to communicating with children and young people.
- Always escalate any wellbeing or child protection concerns to the Child wellbeing protection officer.

As an adult/volunteer with DRFC I must not:

- Use any form of physical punishment or physical force on a child or ridicule or intimidate any child.
- Use any form of abusive or derogatory language towards a child.
- Have 'favourites' – as this could lead to misinterpretation, or resentment and jealousy by other children and young people.
- Spend excessive amounts of time alone with children and young people away from others.
- Enter children or young people's bedrooms on trips away from home, unless in an emergency or in the interest of health and safety.
- Where possible, doing things of a personal nature for children or young people that they can do for themselves.
- Contact any children or young people online outside DRFC Social Media policy.

Unacceptable practice

In the context of your role within Dunbar Rugby Football Club, the following practices are unacceptable:

- Allowing allegations made by a child or young person, or about the wellbeing or protection of a child or young person, to go unrecorded and unreported.
- Forming intimate emotional, physical or sexual relationships with children or young people.
- Making sexually suggestive comments to a child or young person, allowing or engaging in touching a child or young person in a sexually suggestive manner, or engaging in sexually provocative games.



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- Being physically violent towards a child or young person.
- Being verbally abusive towards a child or young person.
- Allowing children or young people to swear or use sexualised language unchallenged.
- Behaving in a coercive or controlling manner towards a child or young person.
- Allowing a child or young person to share a room alone with a coach or adult member or inviting a child or young person into your home.

If you have any concerns about the wellbeing of a child or young person, you can contact:

Elaine Maxwell CPO DRFC

cpodunbarrfc@gmail.com

emaxwell32c@hotmail.com

Kirsty Bunyan CPO DRFC

cpodunbarrfc@gmail.com

Kabunyan@btinternet.com

Annual declaration

I will abide by the guidance contained in DRFC Adult volunteer Code of conduct and SRU safeguarding policy.

I understand that breaches of the code may result in action being taken by Dunbar Rugby Football Club.

Name:

Volunteer role:

Signed:

Date



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