



Dunbar Rugby Football Club
Hallhill Sports Centre,
Kellie Road, Dunbar, East Lothian, EH42 1RF
www.dunbarrugbyclub.com



Anti-Bullying Guidance – Dunbar RFC

Dunbar RFC will fully commit to protect all children and young people in its care.

We understand that wellbeing can be seriously impacted by bullying behaviour. Bullying is a behaviour that can make a child feel frightened, threatened, left out and hurt. Something only has to happen once to make a child feel worried or scared.

Bullying is both behaviour and impact; what someone does and the impact it has on a person's capacity to feel in control of themselves.

For the purposes of this guidance a child is recognised as someone under the age of 18 years and applies to all children regardless of age, gender, sexual orientation, disability, race, religion, socio-economic status or family circumstance.

Best Practice:

- Respect the rights of children as paramount
- Work together to develop positive relationships amongst children and adults which are mutually respectful, responsible and trusting; and promote their emotional health and wellbeing
- Seek to prevent, reduce and respond effectively to bullying behaviour
- Train and support club volunteers and paid staff to adopt best practice to prevent, reduce and respond to bullying
- Address the needs of children who are bullied as well as those who bully within a framework of respect, responsibility, resolution and support.
- Highlight bullying based on prejudice and perceived differences, to ensure our practices are effective in dealing with these issues.
- Regularly monitor and include children's views when creating or reviewing club anti-bullying policy and guidance.
- **Any concerns or incidents of bullying must be reported to DRFC Child and Wellbeing Protection officers who will, respond to any concerns raised either in the experiences of poor practice/misconduct or abuse caused by bullying behaviour from children or adults.**



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DUNBAR RFC

Dunbar Rugby Football Club - ANTI-BULLYING POLICY

Dunbar RFC will:

- Recognise their duty of care and responsibility to protect all players from harm.
- Ensure that bullying behaviour is not tolerated or condoned.
- Take action to investigate and respond to any reports of bullying from children and young people.
- Take action to investigate and respond to any reports of bullying from adults towards children.
- Ensure that coaches are given access to information, guidance and training on bullying.

Supporting children

- Our club will create an 'open door' ethos where children feel confident to talk to an adult about bullying behaviour or any other issue that affects them.
- Potential barriers to talking (including those associated with a child's disability or impairment) will be acknowledged and addressed at the outset to enable children to speak out.
- Ensure children are aware of helpline numbers.
- Anyone who reports an incident of bullying will be listened to carefully and reports will be investigated and taken seriously.
- Children experiencing bullying behaviour will be supported and helped to uphold their right to play rugby and live in a safe environment.
- Those who display bullying behaviour will be supported and encouraged to develop better relationships.

Useful contacts

Elaine Maxwell CPO DRFC

cpodunbarrfc@gmail.com

emaxwell32c@hotmail.com

Kirsty Bunyan CPO DRFC

cpodunbarrfc@gmail.com

Kabunyan@btinternet.com

Faye Henderson

Faye.Henderson@sru.org.uk

(Safeguarding Manager SRU)

NSPCC Helpline

0808 800 5000

Childline

08001111 / www.childline.org.uk

Respectme

<https://respectme.org.uk/>



Anti-Bullying Alliance

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www.antibullyingalliance.org