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## Scottish Rugby Clubs & Schools Communications

Date of issue:

11 September 2020

### Dunbar RFC

In this latest edition of Club Communications, you'll find information about the Return to Rugby Stage 4 for Clubs and Schools and details about the next webinar for Covid-19 Safety Coordinators.



## Return to Rugby Stage 4 - Clubs & Schools

Scottish Rugby can confirm that the club and school game can move from Return to Rugby Stage 3 to Stage 4 of the Scottish Rugby Return to Rugby Roadmap as of 14 September 2020. This step has been approved by the Scottish Government.

Rugby, alongside other outdoor contact sports, is exempt from the new restrictions outlined by the Scottish Government regarding indoor and outdoor social gatherings (6 people from up to 2 households).

As of 14 September, modified full contact activities and small sided games (restrictions apply) can resume for all age groups (excluding P1-3 age groups). The reinstatement of modified full contact activity is important to ensure players are able to start preparing and conditioning themselves appropriately for the return to normality with regular training and matches.

Specific training conditions will allow the return of 1v1 tackling, 1v1 scrums, modified lineouts and rucks. Mauls and full scrums are still not permissible as the transmission exposure risk, due to prolonged face to face contact, remains high.

To support the preparation for a return to competitive rugby, indicative dates for future Return to Rugby stages have been announced (click [here](#) to view the updated Return to Rugby roadmap document). The return to full contact activities (Return to Rugby Stage 5) is

scheduled to commence from 5 October 2020, with non-competitive match play (friendlies) permitted as of 19 October (further details, including restrictions, to be released soon). The indicative date for the return of competitive rugby is 31 October as per previous communications.

All indicative dates are subject to approval and guidance from The Scottish Government.

The Return to Rugby stage 4 guidance can be found [here](#). The recording from yesterday's Stage 4 webinar can also be viewed [here](#).

## Return to Rugby

# Threat Management Group update

**Sent on behalf of Dom McKay, Chief Operating Officer, and Dr James Robson, Chief Medical Officer**

Good afternoon,

We hope this email finds you and your families well.

### Threat Management Group Update

The TMG continues to review all aspects of the challenge facing us as Scottish Rugby and sport in general. We are extremely grateful to everyone involved in the TMG and the Sub Groups for all their ongoing hard work to date.

We continue to monitor the Government's guidelines. In Thursday's briefing the First Minister confirmed that there will be no movement into the Scottish Government's Phase 4 of lockdown easing as the virus is still a significant threat to public health. Of cases reported on Thursday 65 were in Greater Glasgow and Clyde, 46 in Lanarkshire, 12 in Lothian and 8 in Ayrshire & Arran with the remaining 30 spread across eight different health boards.

Several changes provisionally scheduled for 14 September have been paused by the Government for a further three weeks. This means spectators will not be able to return to sports stadia and other venues over the next three weeks except those by prior agreement. The new indicative date is Monday 5 October at the earliest.

The public are all being encouraged to download the free Protect Scotland app from NHS Scotland's Test and Protect which has been designed to help us protect each other, reduce the spread of coronavirus and avoid further lockdowns. Follow the link below for more details on the app: <https://protect.scot/>

Following the First Minister's briefing, The Return to Rugby Clubs & Schools is able to announce Phase 4 of Rugby Development's road map in line with government guidelines as outlined in this Club Comms edition.

The Return to Training group have confirmed the Scotland Women's squad members are now at three training camps, BT Murrayfield & Scotstoun with an addition of ASV in Aberdeen.

The Return to Events will now start planning ahead for the newly created Autumn Nations Cup tournament which was announced yesterday. The tournament will replace the traditional Autumn international window for 2020. Follow the link below for more details [www.scottishrugby.org/news/scotland-to-compete-in-2020-autumn-nations-cup](http://www.scottishrugby.org/news/scotland-to-compete-in-2020-autumn-nations-cup)

With provisionally scheduled changes paused, we are encouraging everyone not to be complacent. Please continue to follow the rules of the public health campaign.

### **FACTS:**

Face coverings in enclosed spaces

Avoid crowded places

Clean hands and surfaces regularly

Two-metre distancing

Self-isolate and book a test if you have symptoms

Please refer to [www.scottishrugby.org/scottish-rugby-updates](http://www.scottishrugby.org/scottish-rugby-updates) for detailed information on Covid-19 for clubs and supporters.

Best wishes,

**Dom McKay, Chief Operating Officer & Dr James Robson, Chief Medical Officer**

#AsOne #StaySafeProtectOthersSaveLives

For Covid-19 updates



## Club Accident Insurance

The Club Accident Insurance Proposal Form for 2020/21 will be issued to member clubs during week commencing 14 September and will also be posted on the [Insurance](#) section of the Scottish Rugby website. **We are asking that this be returned by 30 September 2020 if possible.**

For the avoidance of doubt the cover provided in respect of season 2019/20 remains in place.

## Updated Domestic Regulations

At its September meeting the Scottish Rugby Board approved the following updated Scottish Domestic Regulations:

[SDR 4.2 International Clearance;](#)

[SDR 16 Match Approvals and Permission to Tour;](#)

[SDR 21.1 Anti-Doping;](#) and

[SDR 23 Player Insurance.](#)

Further detail on Scottish Domestic Regulations is available from our [website](#).

## Next webinar announced for Covid-19 Safety Coordinators

The next webinar for Safety Coordinators will be held on Wednesday 16 September at 7pm. It will update coordinators following the government announcement yesterday, as well as run through the new Stage 4 guidance from Scottish Rugby. Safety Coordinators can sign up for the webinar [here](#).

If there are any questions before then, these should be sent to [rugbydevelopmentadmin@sru.org.uk](mailto:rugbydevelopmentadmin@sru.org.uk)

**Webinar sign-up**



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