



Scottish Rugby Clubs & Schools Communications

Date of issue:

3 March 2020

Dunbar RFC

In latest edition of Club Communications there's a look back at last week's Scotland open training session at The Greenyards, where local clubs and schools were in attendance; a reminder about SCRUMS registration; and some information about mumps, which is currently circulating in the community at a higher than usual level in Scotland.



Fans turn out for Scotland open training session at The Greenyards

Fans turned out in force to see Scotland perform an open training session at The Greenyards in Melrose last Friday, February 28.

More than 1500 supporters from local schools and clubs enjoyed watching the squad get put through their paces, followed by a Q&A with Head Coach Gregor Townsend and a signing session, to the delight of those in attendance.

A video of the day can be found [HERE](#).

[Find out more](#)

Health update from Dr James Robson MBE

Coronavirus

Scottish Rugby continues to work extremely closely with the Scottish Government and NHS Scotland in monitoring the Coronavirus situation. We are also in regular and constant dialogue with the 6 Nations and our fellow Unions.

We have and continue to promote NHS Scotland hygiene advice and protocols with our staff, supporters and visitors to all rugby stadiums.

If you have any travel plans or questions, the NHS 111 site has relevant information and links [HERE](#).

Mumps

Mumps is currently circulating in the community at a higher than usual level in Scotland. To help us to attempt to limit the effects of mumps on individuals and the wider SRU community please read the below and act on the recommendations.

Mumps is a viral infection which is not usually a serious illness, but it can take up to ten days or more to feel better. The infection can be easily spread from person to person by direct contact with saliva or droplets of saliva (e.g. via coughs and sneezes) from an infected individual. Most cases are seen in teenagers and young adults.

The signs and symptoms of mumps include fever, headache, swelling of parotid glands on one or both sides of the face ('like a hamster')

Occasionally mumps can cause more serious complications.

Anyone with symptoms of mumps should seek advice from their GP and not attend rugby training and/or work until they are recovered and at least five days after the parotid (facial) swelling began.

The best protection against mumps is with the MMR vaccine - two doses are required (usually given at age 12-13 months and the second dose preschool), but for a number of reasons teenagers and young adults may not have received both vaccines as a child. Although mumps can occasionally occur in people who have received two doses of MMR, the disease is much milder. Individuals who have not received two doses of MMR are recommended to contact their general practice to complete the course now. For the majority of general practices this can be done via the Practice Nurse rather than having to make a face to face consultation with your GP.

Note, those born prior to 1970 are likely to have had mumps as a child and therefore further vaccination is not deemed necessary in these people.

For further information about mumps please click [HERE](#).

Dr James Robson MBE, FRCGP, FRCS(Ed), FFSEM(Ire), FFSEM(UK), LLD, MCSP

Chief Medical Officer

[Find out more](#)

Official

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PODCAST

Together with

Royal Bank of Scotland

Rory Sutherland

Hosted by Chris Paterson & Al Kellock

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Consultation : Player Payment Rules

Scottish Rugby is consulting on changes to SDR 4.1 Player Contracts and Payments.

The changes reflect the Governance Standing Committee's recommendations and will come into effect from next season.

The main change will see payment of players prohibited below the Premiership.

To take part in this consultation please click [HERE](#).

Sports Goggles

We would ask all players, coaches and referees to remember that **only sports goggles bearing the World Rugby safety "kitemark" can be used in contact rugby.**

To read more on Rugby Goggles and other playing equipment click [HERE](#).

Royal Bank RugbyForce applications



Clubs up and down the country have already applied for Royal Bank RugbyForce 2020. To join them, click the link below to start your application.

For 2020, Royal Bank of Scotland want you to tell them how you will use Royal Bank RugbyForce to make your club the best place to spend time for players, supporters and volunteers. Royal Bank RugbyForce can help clubs up and down the country to attract and retain members, develop their facilities and be more sustainable for the future.

If you have any questions or need support with your Royal Bank RugbyForce application, please contact your club's Rugby Development representative.

Link for more info and to apply: <http://bit.ly/RoyalBankRugbyForce20>

Find out more



SCRUMS Registration

At the end of last week, we contacted all individuals registered in SCRUMS (including parents of U18s) to give them the opportunity to view a summary of their registrations and remove anything that is no longer correct.

This allows players to remove themselves from a club / school if they are no longer playing there and parents of U18 players are now able to do the same for their children. Other SCRUMS users who have registered in non-playing roles are also able to remove themselves from a club / school if they are no longer involved in a particular role.

The main reasons for doing this are to prevent inflated player numbers, and from a GDPR point of view, to avoid us holding personal information indefinitely. This is the first time we've undertaken this validation process, which will be repeated annually.

If you have any questions about the process please contact scrums@srugby.org.uk.



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ARE YOU THINKING OF UNSUBSCRIBING?

You have received this email because of your role at your rugby club/school. If you are no longer the relevant person to receive these emails, please ask your Club/School to update the contact details on SCRUMS or email your contact at Scottish Rugby. Alternative, you can follow this link to the [Scottish Rugby Clubs & Schools Preference Centre](#) and unsubscribe from the mailing lists.